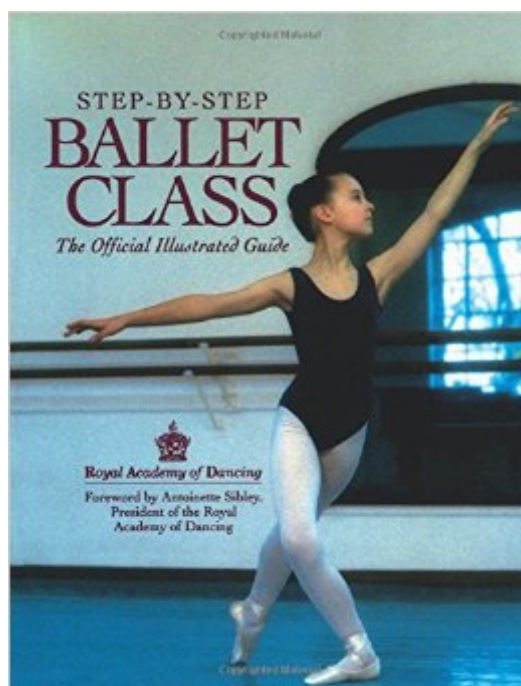


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# Step-By-Step Ballet Class: The Official Illustrated Guide



## Synopsis

Seven lessons follow a young dancer's development, from basic positions and postures to more advanced levels.

## Book Information

Paperback: 144 pages

Publisher: Contemporary Books, Inc. (September 22, 1994)

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Product Dimensions: 7.3 x 0.4 x 9.5 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (20 customer reviews)

Best Sellers Rank: #857,781 in Books (See Top 100 in Books) #59 in [Books > Arts &](#)

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## Customer Reviews

Step by Step of the Ballet Class follows the RAD training method for the child's first five years. This is a very pleasant companion guide to the dance training. Step by Step explains the major developments each year and how to augment the studio training. Beautiful illustrations and well written

I own a ballet studio and frequently seek out new teaching aids. This book was a huge disappointment. While my school does not teach RAD style I was under the impression that this book would provide a detailed syllabus of classes for all RAD levels offering potential insights for myself and students. Boy was I wrong! The book is filled with large drawings depicting between two and three movements per class. I would certainly hope that RAD teaches more than that over the course of a full year. The steps they chose to highlight are also no-brainer sorts of movements; skips for elementary students, butterfly stretches for young students, promenades for intermediate. For me, and I would hope most competent teachers, this book was completely useless.

This book is great for the young ballet dancer. I just started the Royal Academy of Dance at Grade

3, and I wanted to catch up a little, so I got this book and I understand so much more in class! It's great, easy explanations, side reminders, ("Tummy in!") and also character dance tips.

Good illustrations and text especially for the beginner. It was too basic for my daughter who has had 5 years of ballet classes. I recommend it for the 1-2 year ballet student.

...this book is okay ONLY AS A SUPPLEMENT to the RAD syllabus. You MUST buy that in order for this book to make ANY sense. There are too many lessons skipped to make heads or tails of this book. Other than that, nice illustrations and progression. But DO NOT BUY THIS BOOK if you are expecting it to be a blow by blow breakdown of each and every lesson taught in the RAD syllabus (which is misleading because the title of the book is "Step-by-Step").

Since I come from a family that moves around a lot, sometimes it's hard to find a serious quality dance studio. This book was a tremendous help in keeping me toned and in gear. It gives me the help I need to reach the height of my aptitude.

I got this book cause I started taking adult ballet classes, so it was a very good reference book. I really enjoyed reading it and a good book to come back to afterwards. As a download on my kindle, it worked very well without freezing up. So in my opinion, this is a good book for anyone that loves ballet and looking for a guide to ballet.

The book is a nice reference, but a little weak in the syllabus. I was hoping for a more thorough class to add to what I already teach. The pictures are pencil drawings and very well done. I've mostly skimmed the book for new ideas which there were some. I think this is a book more for the beginning teacher as well as beginning student.

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